

## SCREENING TRAUMA IN NURSING HOME RESIDENTS

This tool is a trauma screen tool for existing residents and new residents to find out if someone may have experienced trauma. Results should be included in the resident's Comprehensive Care Plan.

A few simple questions can be helpful in figuring out if someone feels safe, and if they perhaps experienced trauma earlier in life.

<b>Have you experienced a stressful/painful life event that affects you physically, emotionally, or impacts your relationship with others?</b>	
<b>No</b> _____	<b>Yes</b> _____

If yes to the above question, complete the Trauma-Informed Care Questionnaire with the resident's permission.

Note: If resident is incapable of answering due to cognitive impairments, ask resident representative/family members.

Resident Name:	
Name of Person if other than Resident:	
Relationship to Resident:	
Staff Name:	Signature
Date:	

**NOTE: Our goal in screening and assessing for possible trauma is to be made aware of it's impact on our residents, not to get our residents to share the painful, stressful details. We want to provide an environment where interactions and care are sensitive to significant life experiences of our residents.**

