

TRAUMA-INFORMED CARE POLICY & PROCEDURE

POLICY: Ftag 699 483.25(m)Trauma-informed

Effective November 28, 2019, all staff will have completed a Trauma-Informed course

The facility must ensure that residents who are trauma survivors receive culturally-competent, trauma-informed care in accordance with professional standards of practice and accounting for residents' experiences and preferences in order to eliminate or mitigate triggers that may cause re-traumatization of the resident.”

This policy describes how facility intends to fulfill this requirement.

PROCEDURE:

1. As of November 28, 2019, all facility staff will have completed a “Trauma-Informed Care” course.
2. As part of the Baseline Assessment (completed within 48 hours of admission), the attached “**Screening for Trauma in Nursing Home Residents**” tool is to be completed by nursing or social service staff.
3. The results of this screening will be indicated on the Baseline Care Plan Assessment.
4. If resident indicated “yes” on the **Trauma Screening Assessment**, then the form “**Trauma Assessment in Nursing Home Residents**” is to be completed by nursing or social services.
5. Areas indicated in the Trauma Assessment are to be included in patient’s Comprehensive Assessment and Care Plan.
6. The Trauma Screening and Assessment should be repeated as indicated by resident/resident representative request or if resident’s behavior may indicate.
7. As part of staff training, all staff will be trained in how to supportively intervene when a resident may be having a trauma- related behavior- See handout “**Trauma Informed Care Interventions**”.
8. Staff will be providing ongoing training and support as indicated.

NOTE: Our goal in screening and assessing for possible trauma is to be made aware of it’s impact on our residents, not to get our residents to share the painful, stressful details. We want to provide an environment where interactions and care are sensitive to significant life experiences of our residents. Residents indicating a need or desire to talk directly about their trauma need to be referred to mental health professional.